



**Glenmoor & Winton Academies**

High Achievement – High Standards

Part of United Learning

# **Relationship and Sex Education (RSE) Policy**

# Relationships and Sex Education (RSE) Policy

## Effective from: September 2025

### 1. Definition of RSE

Relationships and Sex Education is defined by the PSHE Association as:

"Learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health."

This content is delivered in an age-appropriate way, with care given to the developmental stage of students.

At Glenmoor and Winton Academies (GW), RSE is part of lifelong learning focused on physical, moral, and emotional wellbeing. It is centred on personal safety, caring for others, and building strong family relationships. RSE aims to:

- Prepare students for the opportunities, responsibilities, and experiences of adult life
- Promote the spiritual, moral, social, cultural, mental, and physical development of students

### 2. Delivery of RSE at Glenmoor and Winton Academies

The Department for Education (DfE) outlines five core themes in RSE:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

These topics are delivered through:

- **Key Stage 3:** Citizenship, Science, and Physical Education
- **Key Stage 4:** Year 10 RSE Conference and Ethics lessons in Year 11

Additional input at KS4 is provided by **Sexual Health Dorset**, with sessions delivered by expert sexual health nurses.

RSE is taught by trained Citizenship and Science teachers. Staff receive training on the delivery of sensitive content. A strong, positive classroom culture supports safe and respectful learning environments where students can ask questions freely.

### 3. RSE Moral and Value Principles

RSE delivery at Glenmoor and Winton is underpinned by the following principles:

- It is **factual, sensitive, and balanced**
- It **promotes meaningful, positive, and healthy relationships**
- Staff will **not impose personal opinions**, instead maintaining a focus on social, moral, spiritual, health, and educational aspects of the subject

### 4. Equality and Accessibility of the RSE Curriculum

The Academies deliver RSE in line with the **Equality Act 2010** and in observance of the protected characteristics.

Our RSE approach accounts for:

- **Students with SEND:** RSE is delivered through high-quality, differentiated teaching that supports students with special educational, emotional, or behavioural needs. We align with the SEND Code of Practice and prepare students for adult life.
- **LGBTQ+ Inclusion:** Our curriculum reflects that some students may identify as LGBTQ+, or have LGBTQ+ family members. Teaching is age-appropriate, sensitive, and inclusive. LGBTQ+ topics are embedded within the curriculum, not taught in isolation. We actively challenge homophobic language or behaviour.
- **Cultural and Ethnic Diversity:** We respect the diverse cultural and religious backgrounds of our students and promote understanding and inclusion while meeting our safeguarding responsibilities and statutory RSE obligations.

### 5. Monitoring and Evaluation of RSE

- An annual **curriculum audit** is conducted to ensure all statutory RSE content is delivered
- **Evidence collection** includes learning walks, student work, and teaching resources
- **Student voice** is collected via surveys and consultations

- Parents are **consulted annually** as part of policy review

Responses from students and parents are reviewed at a senior leadership level, and appropriate actions are taken to improve the programme.

## 6. Parental Rights and Curriculum Content

Parents:

- **Do not** have the right to withdraw their child from:
  - Relationships education
  - Health education
  - National Curriculum Science (including human reproduction, menstrual cycle, fertilisation, gestation, birth, HIV/AIDS)
- **Do** have the right to withdraw their child from:
  - Non-statutory sex education taught through citizenship

To request withdrawal, parents must write to the Principal explaining their reasoning.

Once a student is within **three terms of their 16th birthday**, they have the **legal right** to opt into sex education, regardless of parental wishes. The school will make appropriate arrangements in such cases.

## 7. Parental Engagement

Glenmoor and Winton Academy ensures that parents and carers:

- Are made aware of the Academy's RSE approach and rationale
- Are involved in the policy review
- Can view the PSHE curriculum
- Are encouraged to support their child's learning at home, where appropriate

## 8. Safety and Confidentiality

Teachers make clear to students the procedures regarding confidentiality.

RSE can sometimes lead to disclosures related to safeguarding. Teachers are trained to respond appropriately and follow the safeguarding protocol by referring to:

- **Designated Safeguarding Lead:** Ms Parker

- **Deputy DSLs:** Mr Darwin or Mr Brown (in Ms Parker's absence)

## 9. Resources

All RSE resources are selected based on the following criteria:

- Inclusivity, representing diverse identities and backgrounds
- Delivery of **positive, healthy, and unbiased** messages
- Appropriateness for age and understanding level

## 10. Policy Review

This policy aligns with the DfE's 2019 guidance on Relationships Education, RSE, and Health Education.

It is reviewed at least **biennially** to ensure it meets student, staff, and parental needs and remains in line with government guidance.

[Relationships Education, Relationships and Sex Education and Health Education guidance](#)

- **Completed by:** A. Parker– July 2025
- **Approved by Governors:** July 2025
- **Date for next review:** June 2026